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### ATH-VB-3-1 Co-ed Adult Volleyball League (Competitive)

Pos	Team Name	Primary Contact	Phone	W-L-T	Percent	PF	PA	Diff	HTH
1	(6) Dirty Diggers	Anthony Palazzolo	(631) 873-6673	0-0-0	0.000	0	0	0	0
2	(2) Legends	Felipe Nesta	(361) 960-1509	0-0-0	0.000	0	0	0	0
3	(8) Dirty Strays	Vanessa Scott	(956) 372-2892	0-0-0	0.000	0	0	0	0
4	(1) Spiked	Jeremy Vela	(361) 548-6697	0-0-0	0.000	0	0	0	0
5	(5) Kiss My Ace	Reena Rios	(361) 537-6996	0-0-0	0.000	0	0	0	0
6	(3) Scott's Angels	Dangelique Garcia	(361) 510-5435	0-0-0	0.000	0	0	0	0
7	(7) Viking Vibes Club Team	Coach Voc	(361) 828-0504	0-0-0	0.000	0	0	0	0
8	(4) Hash Slinging Slashers	Dulce Arrieta	(361) 277-9090	0-0-0	0.000	0	0	0	0

### **General Volleyball Rules**

Ages: 18 and up Coed League (Competitive and Recreational Leagues)

#### **TEAM PLAYERS:**

- 1. A team may have a maximum of twelve (12) players on team roster. 6 Play at a time.
- 2. All players must be 18 years of age or older.
- 3. No player may play or substitute on more than one (1) team.
- 4. Teams must consist of players around the same skill level as the league they are registered in.
- Managers are responsible for making sure their team only has players at the skill level they are registered for.
- 5. All teams must have a team roster with the signature of all players on their team. If a player is not on the roster the official will not allow him/her to play.
- 6. All players must be added by the 3rd league game. Changes must be made with the gym coordinator at the game. Changes must be authorized by the Program Manager.

### Jewelry:

- 1. Jewelry is not allowed. This included wedding bands, HATS. Medical alert bracelets or necklaces are not considered jewelry. If worn, they must be taped to the body so the medical alert information remains visible. If a player cannot cover or will not remove his jewelry, they will not participate.
- 2. Non-marking rubber soled gym shoes must be worn to participate.
- **3.** Players wearing a metal brace must properly pad any exposed metal or hard surfaces (Example, Knee Brace).

#### SUBSTITUTIONS:

- 1. There will be no time outs for substitutions, except in the case of injury. An established serving order must be set before the game begins.
- 2. Substitutions can rotate into the back row on every side out, but you must keep this pattern the same the entire game.
- 3. No free substitution will be permitted, except when a team is short starting player(s), when the player(s) shows up they may enter after a side out and must start in the back row.
- 4. See above section for substituting for teams in your own league.

#### PLAY:

- 1. A lift will be called if a player obviously throws, catches, or slings the ball.
- 2. A foot fault will be called if the player's steps on the inbounds line.
- 3. All line shots are considered good.

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- 4. Players may not touch the net during play even on blocks.
- 5. Hair contact is allowed.
- 6. Balls may be played off the net.
- 7. It is legal for a player to hit the ball with any part of their body.
- 8. Back row players may not hit the ball over the net from in front of the ten (10) foot line if the ball is completely above the plain of the net.
- 9. Attack blocking the set is not permitted. Blocks do not count as a hit.
- 10. Only front row players may block. (with the exception of the Co-Ed Inter-Change rule) Co-Ed leagues and above, if your team contacts the ball more than once (after the block) to send it over the net, a female must contact the ball.
- 11. On the third hit over, players can completely place his/her hand over the net for a block if the third ball striker touches it first.
- 12. All leagues must rotate on all side outs (includes first serve)
- 13. Multiple contact is allowed on any first ball (no double hit can be called) over the net provided the ball is not lifted.
- 14. Sets and Double Calls We allow an official judgment call on spins if the setter is making an "athletic attempt" at the ball.

#### **MATCH PLAY:**

- 1. Warm Up Period Teams are allowed 2-5 minutes of warm up between games dependent on time. This excludes the first game of the night.
- 2. Warm Up Balls Please ask the gym coordinator for the use of a ball during the warm-up period.
- 3. Game time is scheduled time.
- 4. Game Balls teams are allowed to play with personal balls if both managers agree to it prior to the game. Game balls cannot be switched during the game unless there is an equipment failure.
- 5. Forfeit time is 5 minutes after game time.
- 6. A team that forfeits more than twice in a season will not be able to register for the following season.
- 7. game maximum of 27 points. Thus, if score is tied 26 all, the next team to score wins.
- 8. Each team will be permitted one (1) 30-second time out per game.
- 9. There is one (1) minute between games.
- 10. A match will be 3 games to 25 points, with rally scoring being used. If the first two games of the match last 40 minutes or more, the third game will be up to 15 points with rally scoring being used. There will be a 17 point cap. Both teams will be notified before the start of the third game.
- 11. Rally scoring consists of one (1) point being scored on every serve regardless of who is the serving team.
- 12. Start of Game: Official will write down the time the match begins. Both captains will be notified at the start of the match.
- 13. The serving team will be determined by a coin toss. The winner having the choice to serve or choose sides.
- 14. The team not serving first for the first game will serve first the second game. Teams will subsequently alternate.
- 15. Players must be in their starting positions during the serve then they may move about the court.

#### **SERVICE**

- 1. Officials will allow adequate time for teams to set up defensively before blowing the service whistle.
- 2. Let serves (serves touching the net) are legal.
- 3. It is illegal to serve out of order or before the whistle is blown.
- 4. The server must contact the ball within 8 seconds after the referee whistles for serve.
- 5. If the server steps on the line or into the court before hitting the ball, they lose the serve. If the ball is thrown as part of the serve, lands without being touched, it is considered a service tossing error, the referee authorize service again and the server must execute it within 5 seconds. One service tossing error is permitted per rotation.
- 6. When a serving error is made, all points served during that serve will be forfeited, if discovered during play. When the error is discovered after the serving turn is completed, no penalty shall be assessed. Positions must be returned to the proper

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established order.

7. No blocking or spiking the serve will be allowed.

#### PLAYOFFS AND CHAMPIONSHIP

- 1. League playoff information will be noted on the schedule.
- 2. Playoff/Championship Game notification and brackets will be completed after the last scheduled games and qualifying team managers will be notified.
- 3. Playoff games best out of 3 (single elimination). Championship game best out of 5.
- 4. Playoff game maximum point cap remains the same as league play.
- 5. Team roster will be checked prior to the start of playoff games. Only players listed on the team roster are permitted to play.
- 6. If teams are tied for a final spot in the playoffs, the tie breaking method will be as follows:
- 1) head-to-head,
- 2) total points scored between teams involved in tie
- 7. Championship prize: Team Trophy

#### CODE OF CONDUCT

- 1. Unsportsmanlike Conduct: Any player, team, coach, or spectator who displays any form of unsportsmanlike conduct such as vulgar language, disrespect, or deceit, shall be penalized in the following manner:
  - An immediate point/side-out shall be awarded to the opposing team.
  - In the event of a second unsportsmanlike conduct, the official may eject player/spectator. When a player is ejected, they will be suspended a minimum of one match.
  - Any person ejected shall leave facility immediately. Failure to leave the facility will result in forfeiture of match by team.

ANY PLAYER EJECTED TWICE, WILL BE SUSPENED AND OUT FOR THE REMAINDER OF THE SEASON.

# LEAGUE SPECIFIC RULES REVERSE CO-ED QUADS VOLLEYBALL RULES (IN ADDITION TO GENERAL RULES) CO-ED 6'S VOLLEYBALL RULES (IN ADDITION TO GENERAL RULES)

- 1. Co-Ed ball may be hit directly across by either male or female.
- 2. Co-Ed substitution is allowed. Back row player cannot attack ball in front of the 10-foot line.

**Co-Ed Leagues**- Teams will consist of a maximum of 6 players on the court (3 men and 3 women) to a minimum of 3 players. You can have more women than men playing on the court but there is a maximum of 3 men players.

### **Game Schedule**

					Score			
Date	Time	Location	Home Team	Away Team	Н	Α	Туре	Status
Mon 03/04/2024	6:00 PM	Gymnasium @ Ben Garza Gym	(1) Spiked	(8) Dirty Strays			RS	
	6:45 PM	Gymnasium @ Ben Garza Gym	(3) Scott's Angels	(6) Dirty Diggers	RS			
	7:30 PM	Gymnasium @ Ben Garza Gym	(4) Hash Slinging Slashers	(5) Kiss My Ace			RS	
	8:15 PM	Gymnasium @ Ben Garza Gym	(2) Legends	(7) Viking Vibes Club Team			RS	

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					Score		
Date	Time	Location	Home Team	Away Team	Н А	Туре	Statu
Mon 03/11/2024	6:00 PM	Gymnasium @ Ben Garza Gym	(6) Dirty Diggers	(4) Hash Slinging Slashers	•	RS	
	6:45 PM	Gymnasium @ Ben Garza Gym	(8) Dirty Strays	(5) Kiss My Ace		RS	
	7:30 PM	Gymnasium @ Ben Garza Gym	(1) Spiked	(2) Legends		RS	
	8:15 PM	Gymnasium @ Ben Garza Gym	(7) Viking Vibes Club Team	(3) Scott's Angels		RS	
Mon 03/18/2024	6:00 PM	Gymnasium @ Ben Garza Gym	(3) Scott's Angels	(1) Spiked		RS	
	6:45 PM	Gymnasium @ Ben Garza Gym	(2) Legends	(8) Dirty Strays		RS	
	7:30 PM	Gymnasium @ Ben Garza Gym	(4) Hash Slinging Slashers	(7) Viking Vibes Club Team		RS	
	8:15 PM	Gymnasium @ Ben Garza Gym	(5) Kiss My Ace	(6) Dirty Diggers		RS	
Mon 03/25/2024	6:00 PM	Gymnasium @ Ben Garza Gym	(7) Viking Vibes Club Team	(5) Kiss My Ace		RS	
	6:45 PM	Gymnasium @ Ben Garza Gym	(8) Dirty Strays	(6) Dirty Diggers		RS	
	7:30 PM	Gymnasium @ Ben Garza Gym	(1) Spiked	<ul><li>(4) Hash Slinging Slashers</li></ul>		RS	
	8:15 PM	Gymnasium @ Ben Garza Gym	(2) Legends	(3) Scott's Angels		RS	
Mon 04/01/2024	6:00 PM	Gymnasium @ Ben Garza Gym	(3) Scott's Angels	(8) Dirty Strays		RS	
	6:45 PM	Gymnasium @ Ben Garza Gym	(4) Hash Slinging Slashers	(2) Legends		RS	
	7:30 PM	Gymnasium @ Ben Garza Gym	(5) Kiss My Ace	(1) Spiked		RS	
	8:15 PM	Gymnasium @ Ben Garza Gym	(6) Dirty Diggers	(7) Viking Vibes Club Team		RS	
Mon 04/08/2024	6:00 PM	Gymnasium @ Ben Garza Gym	(8) Dirty Strays	(7) Viking Vibes Club Team		RS	
	6:45 PM	Gymnasium @ Ben Garza Gym	(1) Spiked	(6) Dirty Diggers		RS	
	7:30 PM	Gymnasium @ Ben Garza Gym	(2) Legends	(5) Kiss My Ace		RS	
	8:15 PM	Gymnasium @ Ben Garza Gym	(3) Scott's Angels	(4) Hash Slinging Slashers		RS	
Mon 04/15/2024	6:00 PM	Gymnasium @ Ben Garza Gym	(4) Hash Slinging Slashers	(8) Dirty Strays		RS	
	6:45 PM	Gymnasium @ Ben Garza Gym	(5) Kiss My Ace	(3) Scott's Angels		RS	
	7:30 PM	Gymnasium @ Ben Garza Gym	(6) Dirty Diggers	(2) Legends		RS	
	8:15 PM	Gymnasium @ Ben Garza Gym	(7) Viking Vibes Club Team	(1) Spiked		RS	

Type: RS - Regular Season Game PS - Pre Season Game PL - Playoff Game PR - Practice Status: C - Canceled P - Postponed R - Rescheduled

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