



Shorin-ryu Karate



- Self-defense
- Physical fitness
- Confidence
- Concentration
- Endurance
- Release stress

If your interest is martial arts, then this may be the class for you! This is a traditional form of martial art and is of the oldest styles around! Learn escapes, control techniques, punching/kicking and more!

For ages 6 and older!

Mondays & Fridays
4:00—5:00 pm

Oak Park Recreation Center

842 Erwin
883-3912

\$20/month

Instruction by:
Harriol Griffin

Register online at:
www.ccparkandrec.com

LIVE. LEARN. PLAY!

The City of Corpus Christi promotes participation regardless of race, color, national origin, sex, age, religion, disability or political belief. Reasonable accommodations are provided upon request and in accordance with the Americans with Disabilities Act. For assistance or to request a reasonable accommodation, please call (361) 826-3460 at least 48 hours in advance. **Upon request, this information can be available in large print or digital file.**